



# Building an ICS Firing Range (in our kitchen)

Sharing Our Journey & Lessons Learned

6 October 2022

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# About Me



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Incident Response, Forensic & Threat Intelligence

NVISO since April 2021

Past:

- National CERT & GovCERT & EnergyCERT Österreich
- Informationssicherheit in der Finanzbranche
- + 10 Jahre in InfoSec

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## NVISO



NVISO is a pure play **Cyber Security consulting firm** since 2013 with 150+ specialized security experts.

Initially founded in **Belgium**, we opened offices in **Germany** (Frankfurt & Munich), **Austria** and **Greece**!

**We invest 10% of our annual revenue in research and development** of new security techniques and the development of new solutions.

## About the team



**Nico Leidecker**

Penetration Testing / Red Team Lead  
15 years in IT security  
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**Moritz Thomas**

Security Consultant and R&D  
IoT & ICS Enthusiast  
[mthomas@nviso.eu](mailto:mthomas@nviso.eu)

# Firing Ranges and OT & ICS

# What is a Firing Range?

- Controlled, interactive environment
- Abstraction of real environment
- As realistic as possible
- Re-usable
- “Playground”
- **Full virtual environment becomes more of an issue**

OT & ICS



# Why a Firing Range?

What are some of the benefits of having a firing range?



**Training**

**Security  
Assessments**



**Awareness**

**Visual Impact**



**Testing**

**Security Testing**



**Development**

**Detection and  
Forensic Readiness**

# Attacks against ICS

## Common Attacker Objectives



### LOSS

view



### DENIAL

control  
safety



### MANIPULATION

view  
control  
sensors and instruments  
safety

The impact on ICS by reaching these objectives can be severe:

- Failure can harm human life.
- Expensive & hard to replace hardware involved.



## Example 1

# Crashoverride/Industroyer

TARGET	Energy sector Attributed to 2016 attack on Ukraine's power grid causing a power outage in Kiev
FUNCTION	Standard backdoor/RAT functionality; A modular framework to add functionality
MODULES	Implemented as DLLs and controlled by config file <ul style="list-style-type: none"><li>▪ <b>Data wiper:</b> Aims to delete ICS configuration files and render infected system unusable</li><li>▪ <b>IEC 101 and 104:</b> Switching states of IOAs (for example open a circuit breaker)</li><li>▪ <b>IEC 61850:</b> Tried to identify nodes related to circuit breakers, for selected nodes it sends write requests</li><li>▪ <b>OPC DA:</b> Iterates all OPC servers/items and tries to switch state for selected items</li><li>▪ <b>SIPROTEC DoS:</b> Leverages CVE-2015-5374 to mess up protection relays</li></ul>



## Example 1.2

# Industroyer V2

TARGET	Energy sector Reported in April 2022 targeting again Ukraine's power grid
FUNCTION	<ul style="list-style-type: none"><li>• Similar code segments to 104.dll from original Industroyer</li><li>• Not a framework anymore</li><li>• Implementing just IEC 104</li><li>• Hardcoded configuration in binaries</li><li>• Config includes IP Addresses to target</li></ul>



## Example 2

### TRISIS / Triton

2017	Deployed at least against one victim in the Middle East; reporting on Malware late 2017
TARGET	Safety Instrumented Systems (SIS) Schneider Electric's Triconex
FUNCTION	TRISIS has the capabilities to delete and upload the safety logic, utilizing the native TriStation protocol
DAMAGE	<ul style="list-style-type: none"><li>■ Attackers gained access to an SIS engineering workstation</li><li>■ Plant shut down initiated by a fail safe condition triggered – unwanted side effect of the changes performed by the attackers</li><li>■ Affected device had the physical keyswitch in programming mode → “Run mode” would have prevented the changes</li></ul>



# Building an ICS firing range of a bridge

(in our kitchen)

## How it all started...



### Concept

- Model of a **Water Treatment Plant** comprised of
  - Three stage water filtration system
  - Pumping stations
  - Virtualized IT network infrastructure

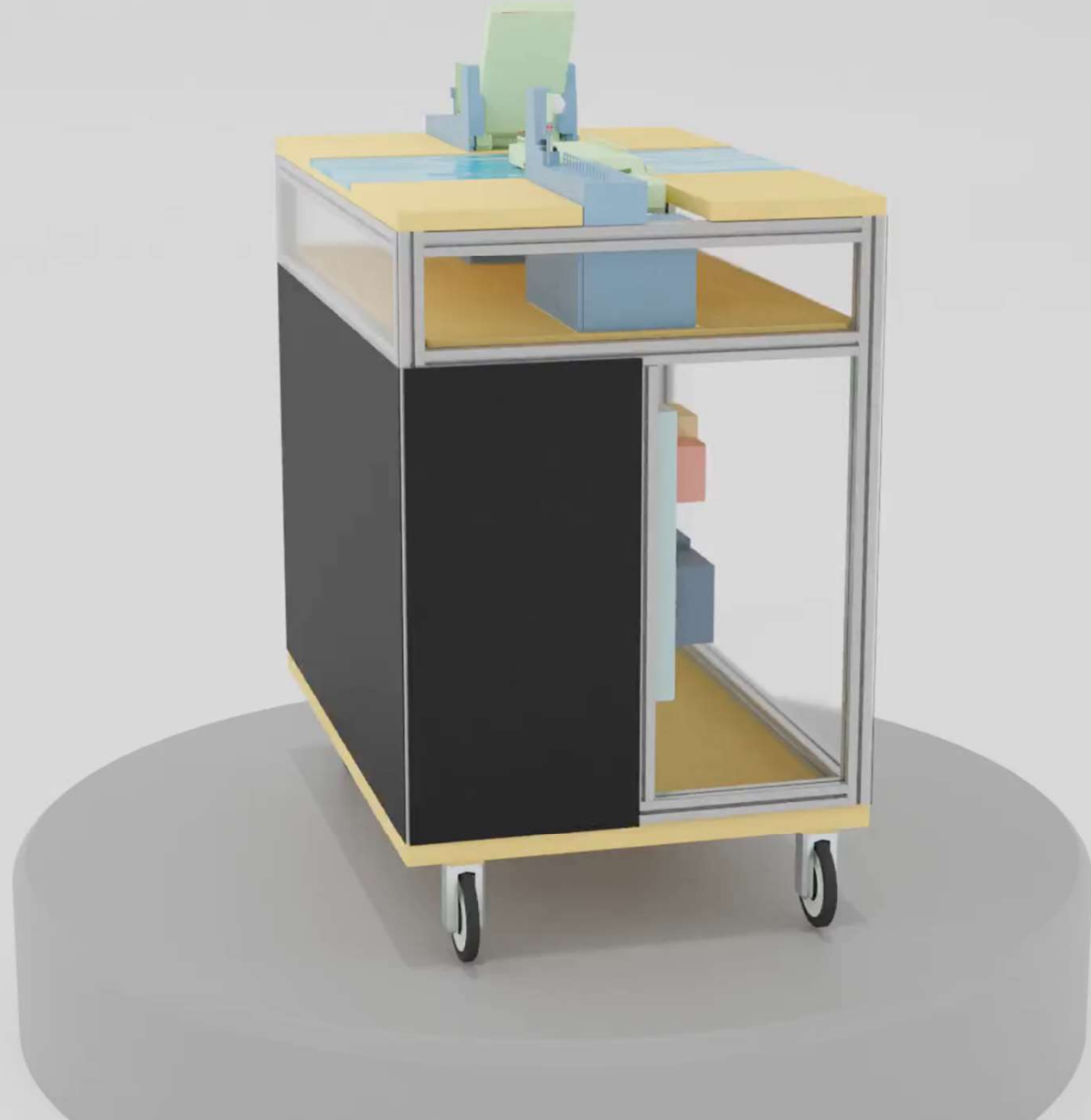




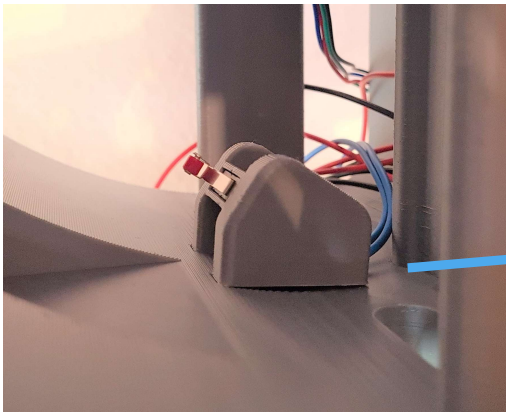
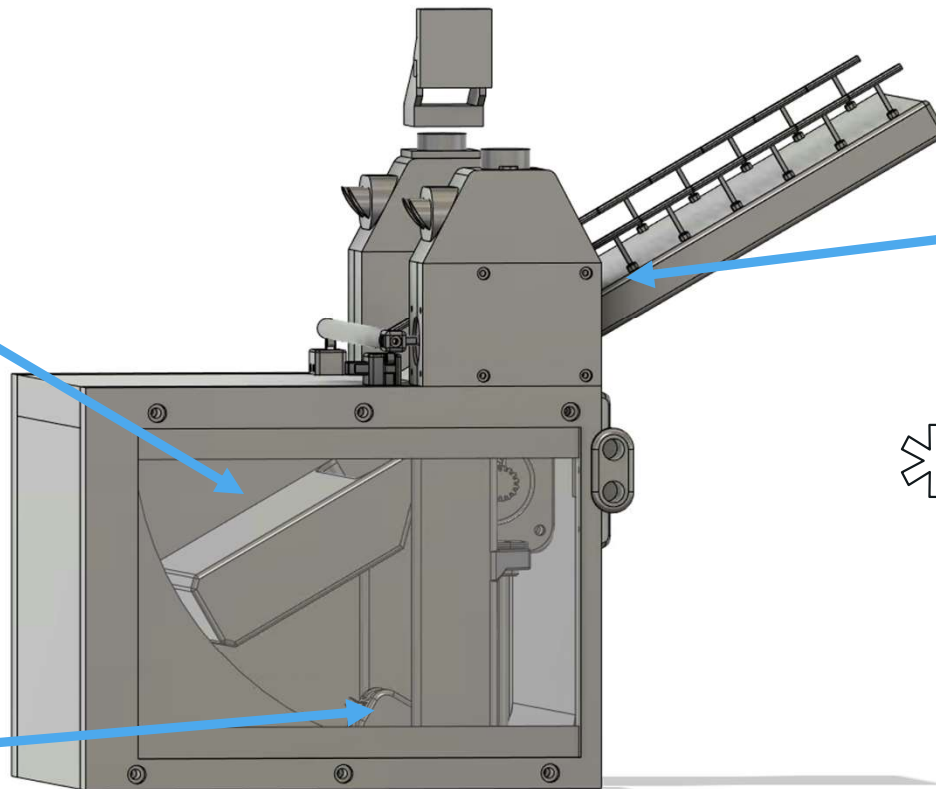
## Requirements

- Mobile solution
- Scenario-based training for DFIR teams





## 3D Printed Model





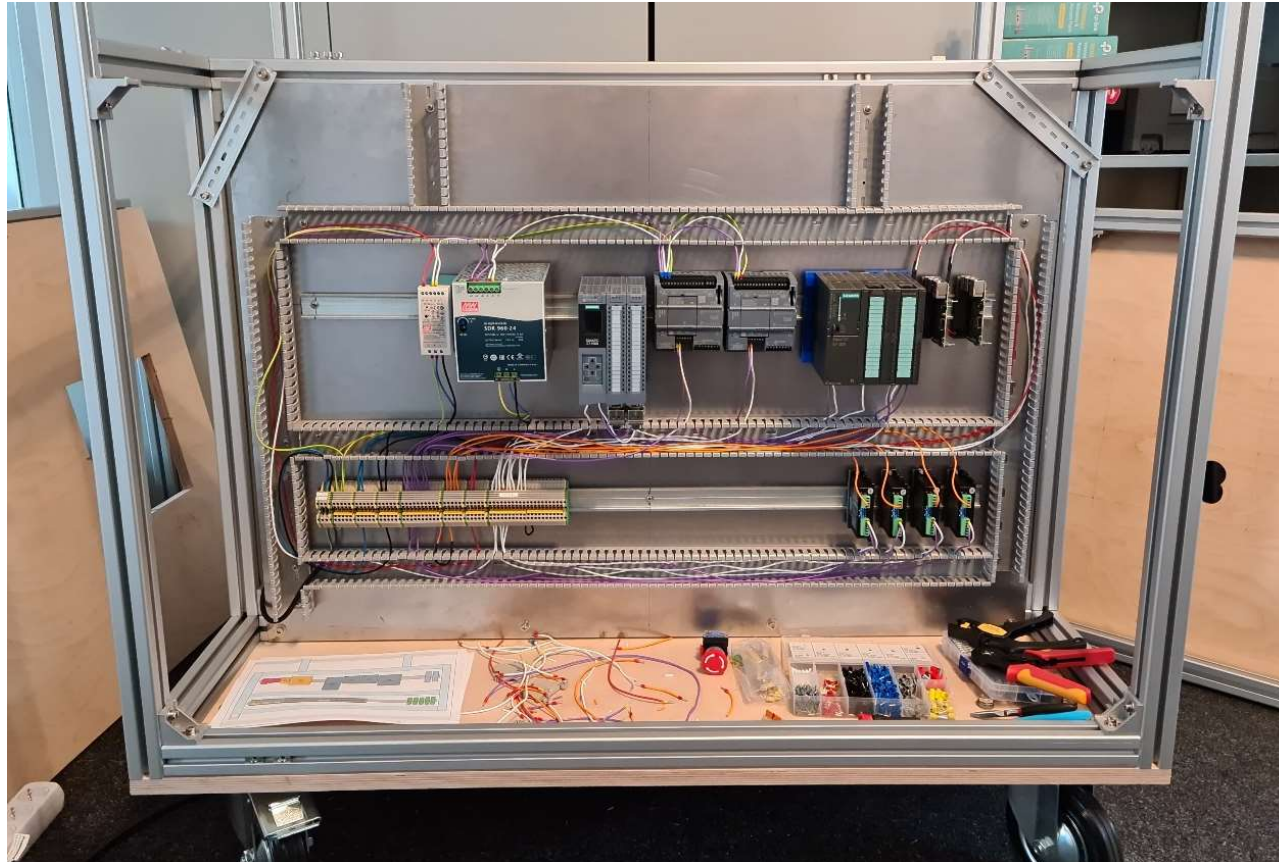
## Putting it all Together



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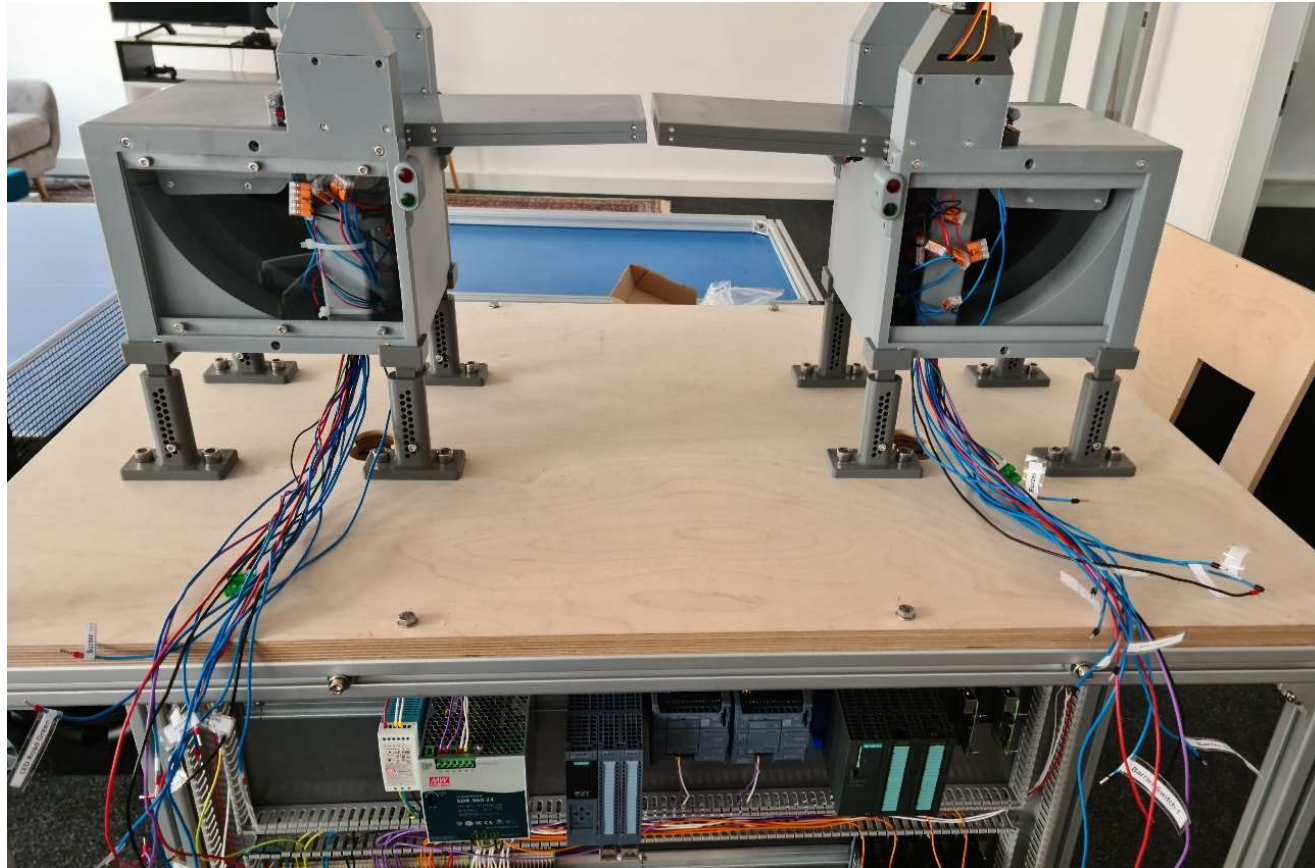


## Putting it all Together





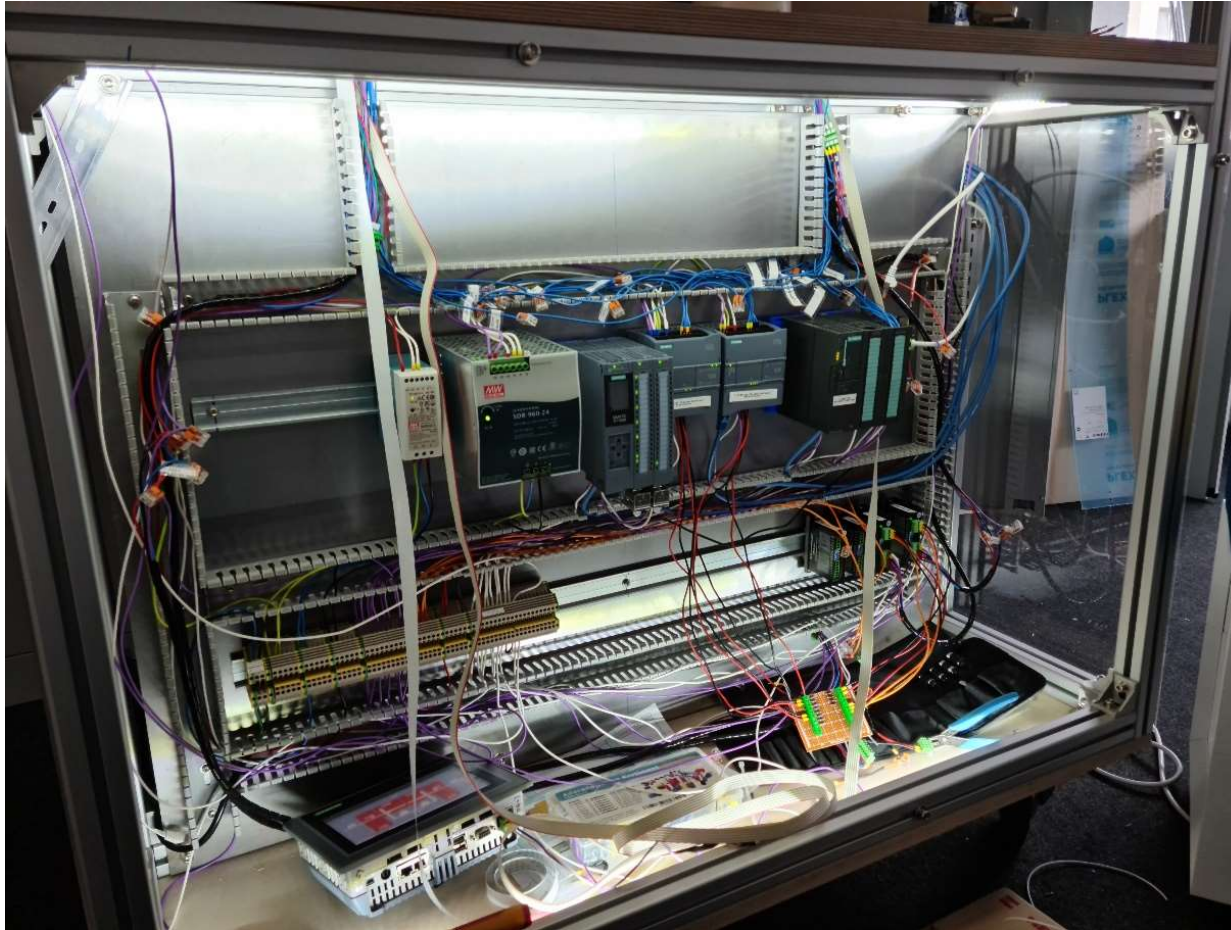
## Putting it all Together



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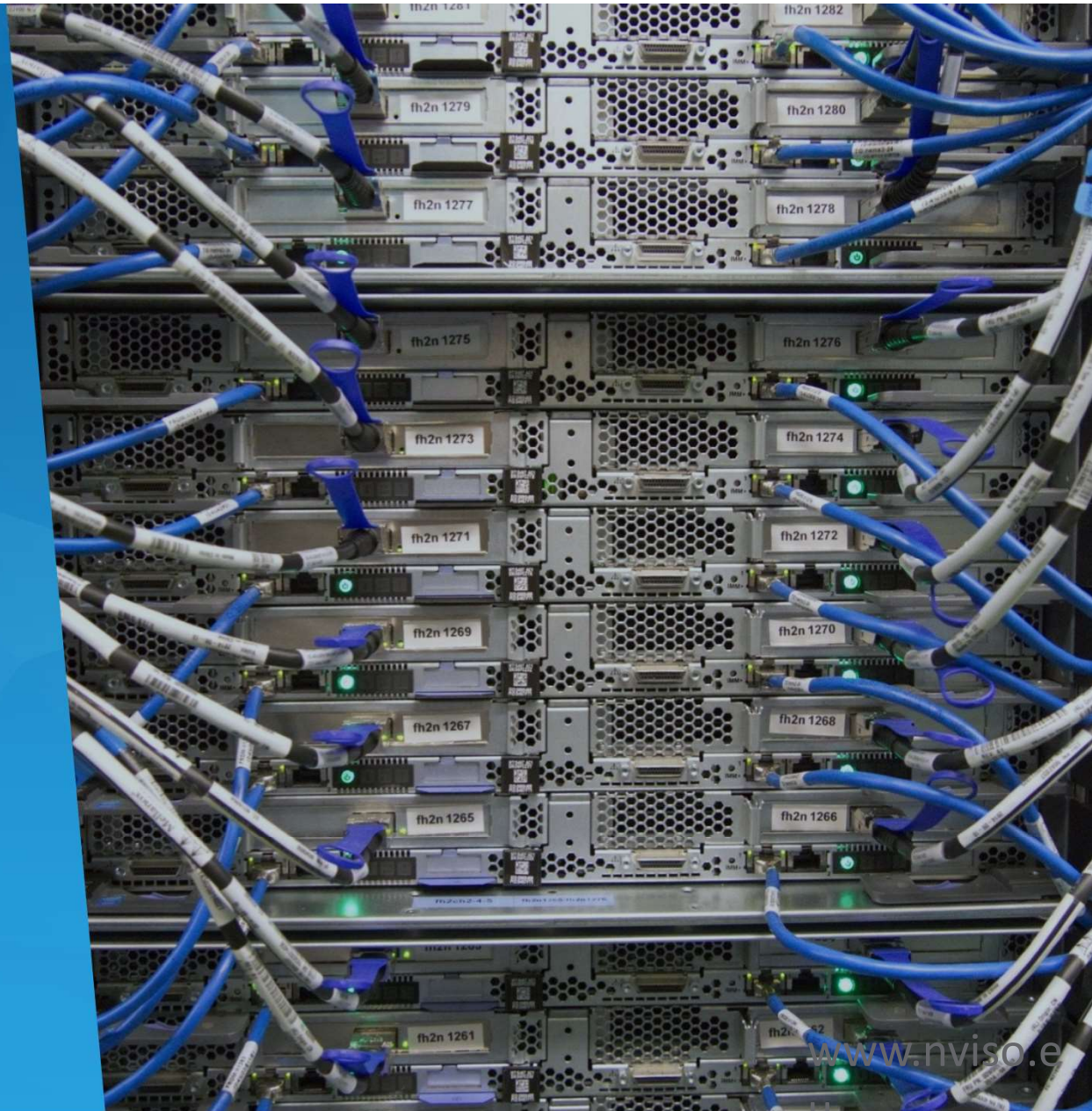






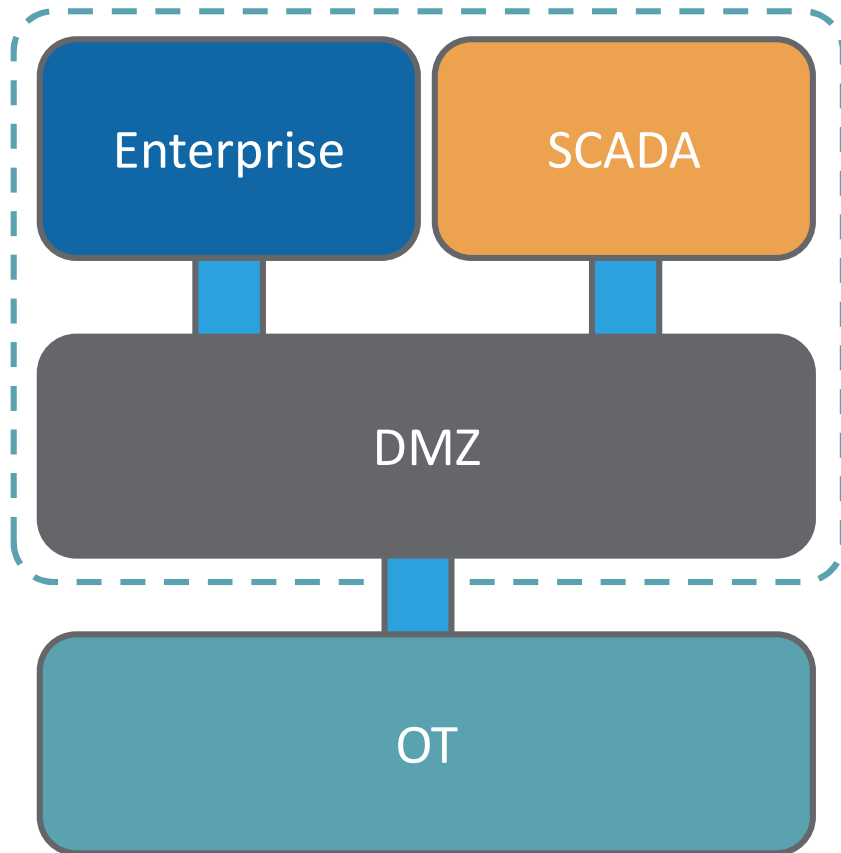
# Network Infrastructure

- Realistic environment
- Extensible

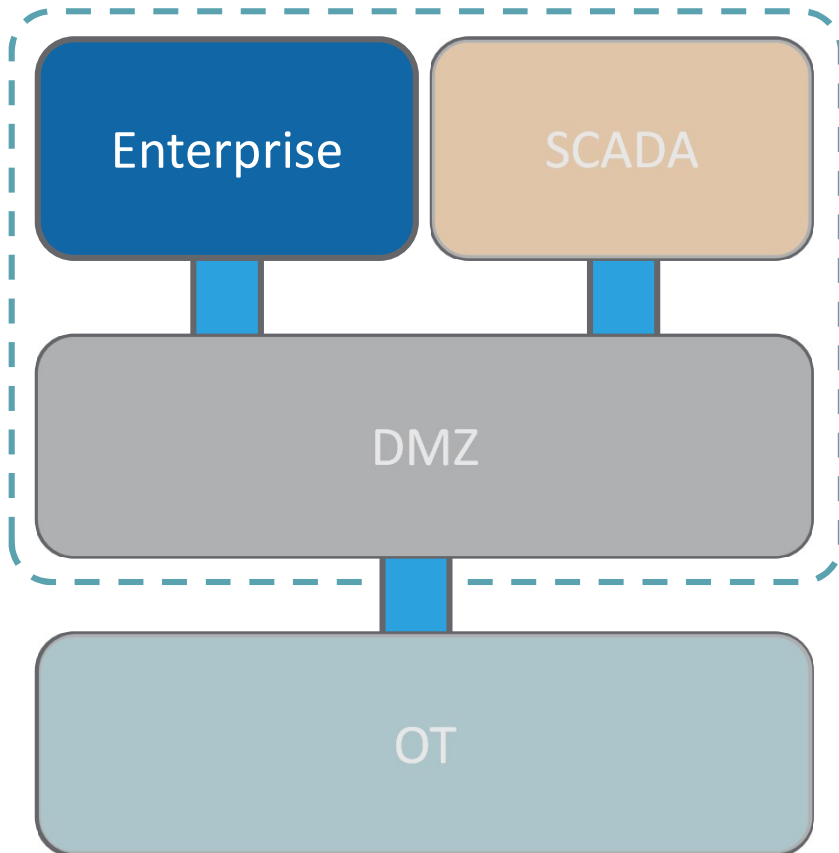




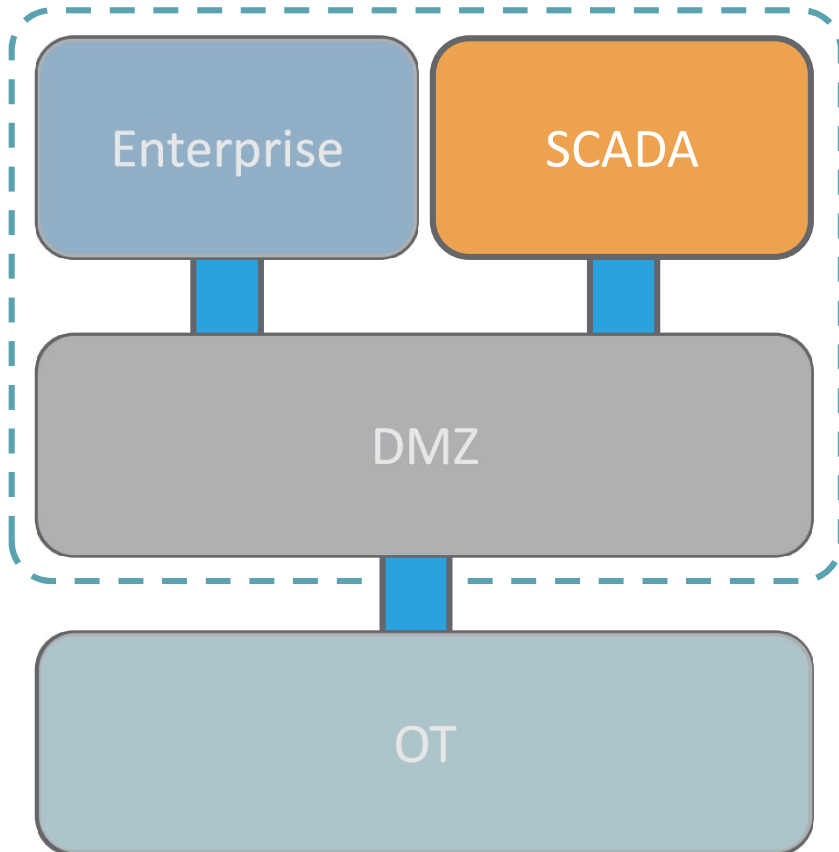
## Network Infrastructure



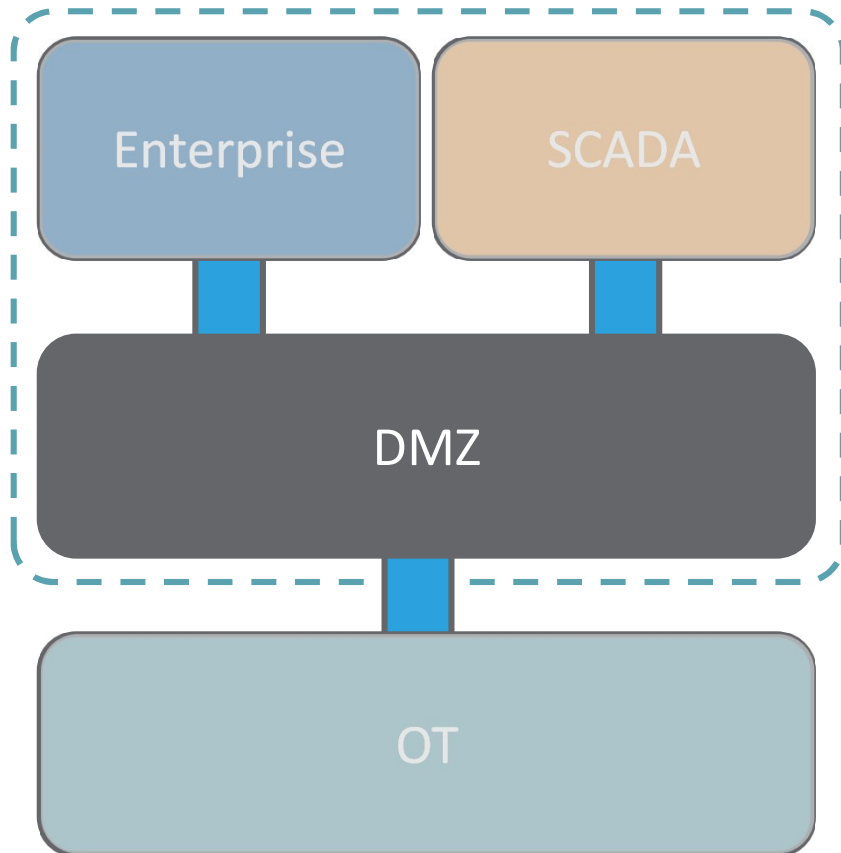
# Network Infrastructure



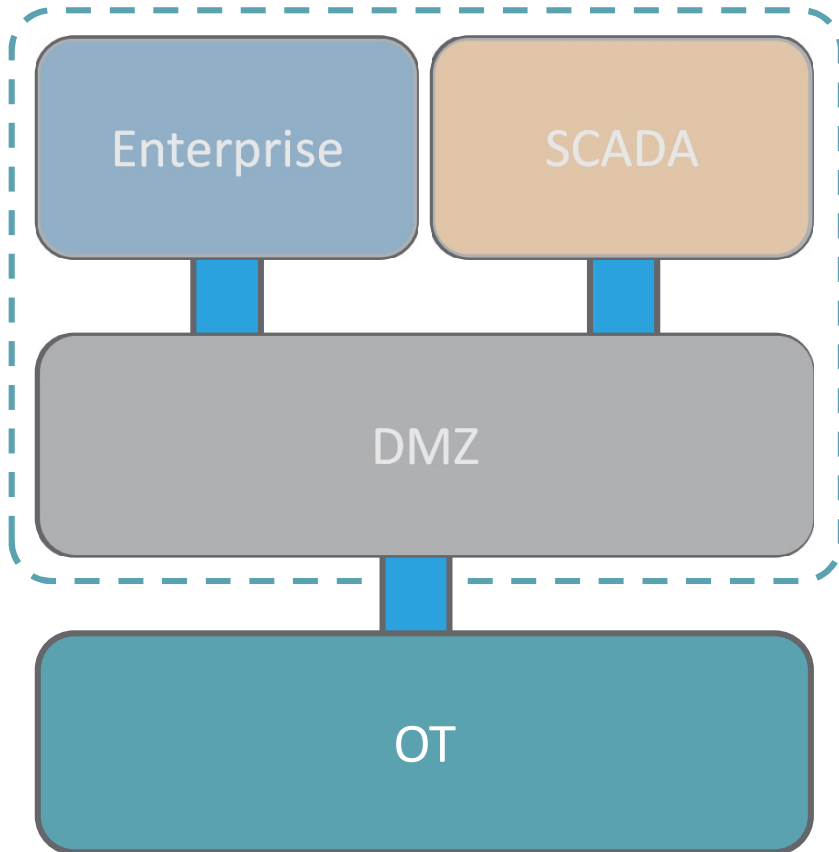
# Network Infrastructure



## Network Infrastructure



# Network Infrastructure



PROFINET, S7,  
OPCUA  
  
Area Supervision  
(S7-1500)

PROFINET  
  
Lifting Substation  
Leaves  
(S7-1200)

PROFINET  
  
Lifting Substation  
Barriers  
(S7-1200)

PROFINET  
  
Lights Substation  
(S7-300)

RDP  
  
Engineering  
Workstation

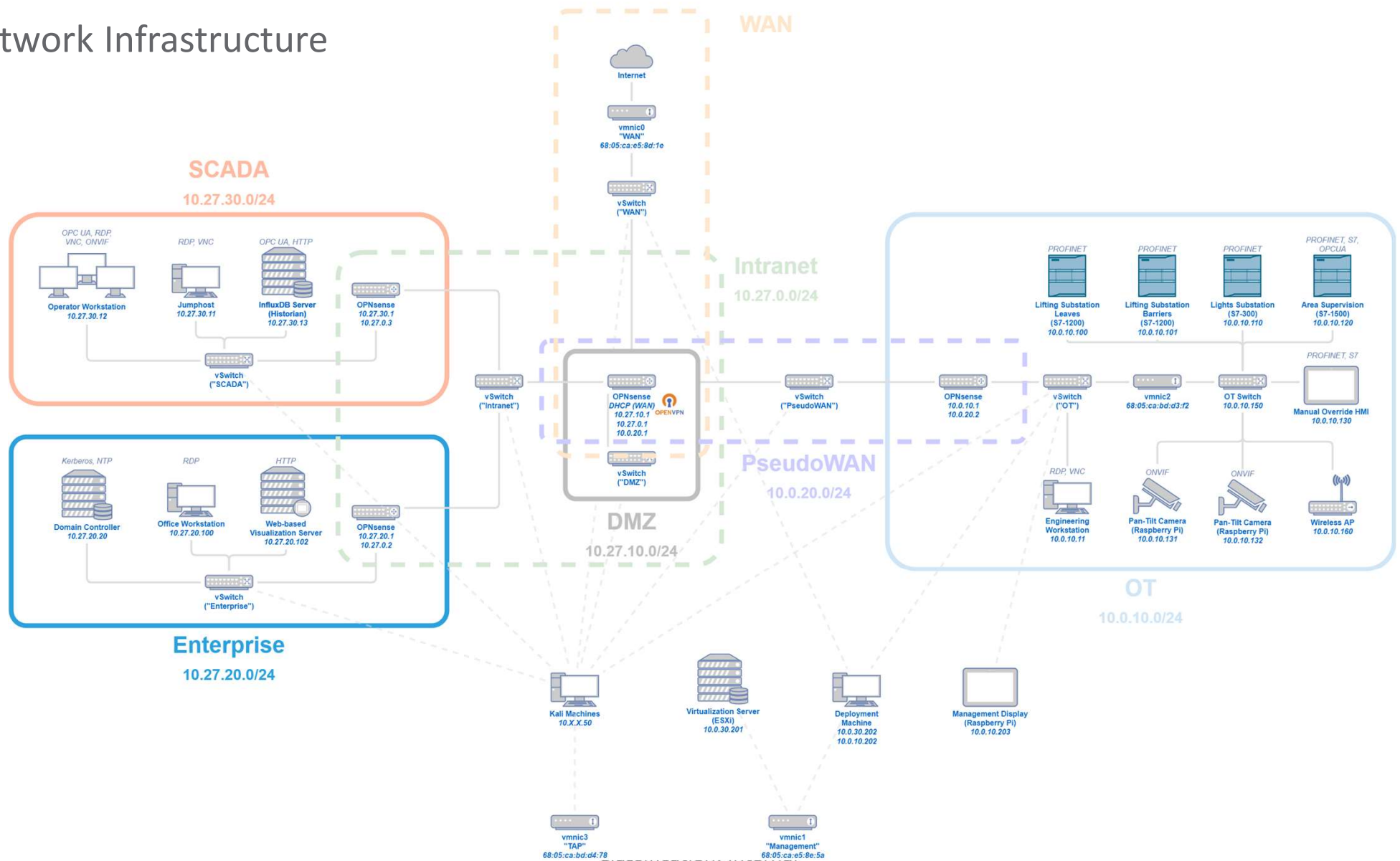
ONVIF  
  
Pan-Tilt Camera  
(Raspberry Pi)

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Pan-Tilt Camera  
(Raspberry Pi)

PROFINET, S7, VNC  
  
Manual Override HMI

  
OPNsense

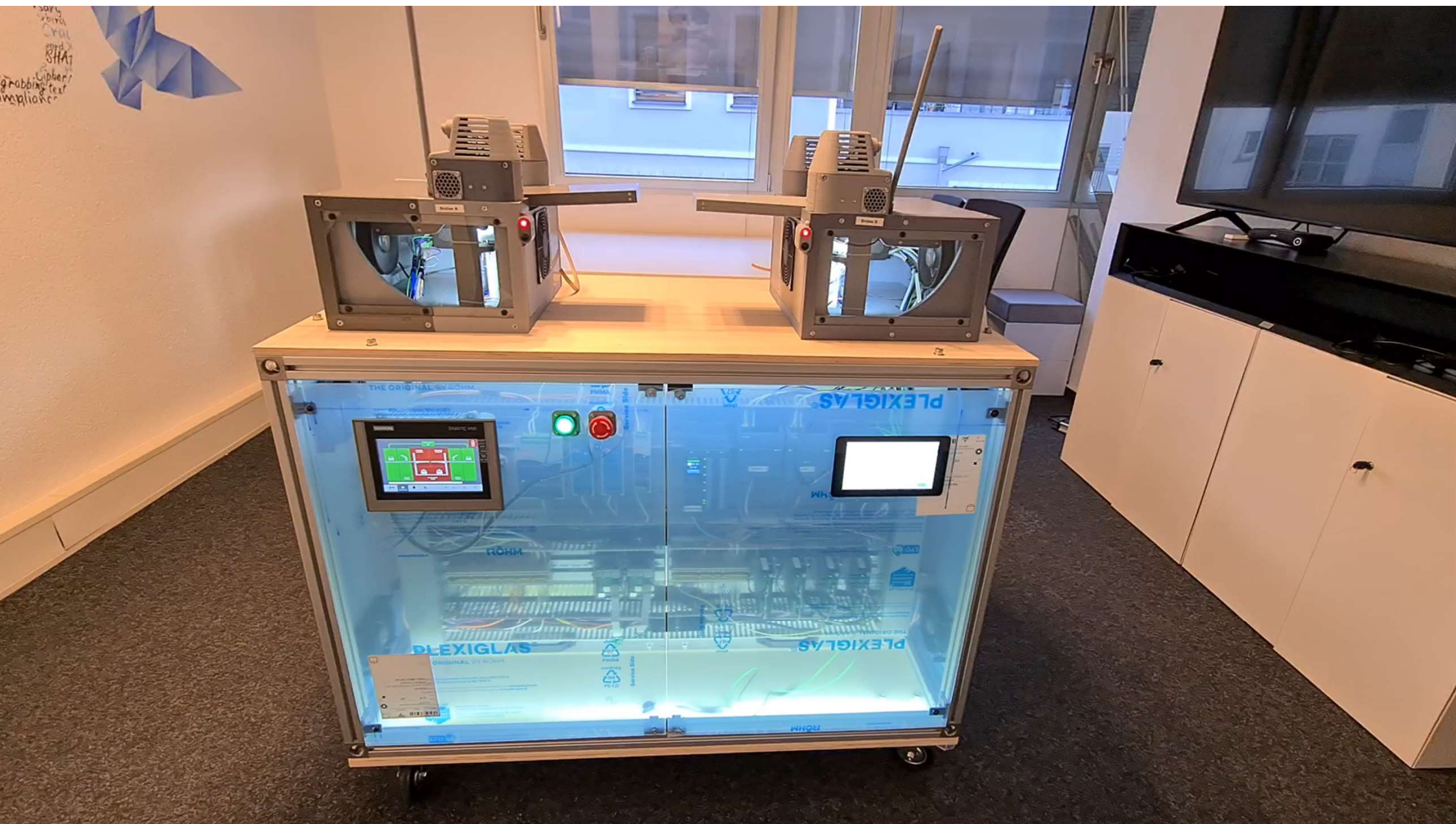
# Network Infrastructure



The background of the slide is a solid blue color with a complex, low-poly geometric pattern. The pattern consists of numerous triangles and polygons of varying sizes and shades of blue, creating a textured, crystalline effect. The word "Demonstration" is centered on the left side of the slide in a white, sans-serif font.

Demonstration







The background of the slide is a solid blue color with a complex, low-poly geometric pattern. The pattern consists of numerous overlapping triangles and polygons of various sizes, creating a textured, crystalline effect. The colors are different shades of blue, ranging from a light, almost white-blue to a deep, dark navy blue.

# Lessons Learned

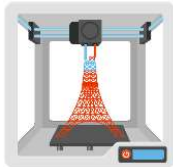
# Challenges and Lessons Learned

## ICS Lab Setup



- Complicated assembly
- Hardware dependencies & compatibilities
- Software Licenses are pricey
- Stepper motors overheating

## 3D Printing



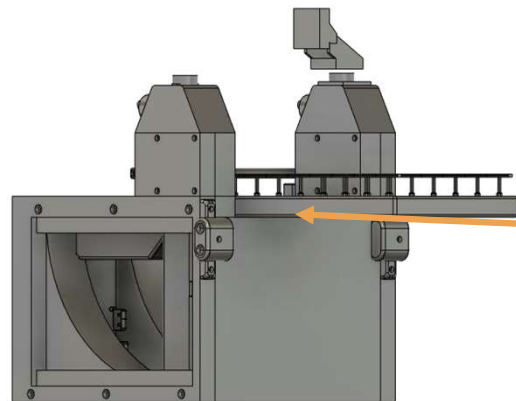
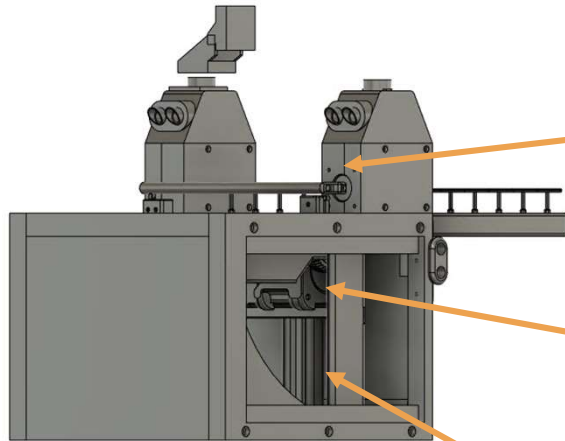
- Challenging mechanical design
- Printing is time consuming
- 3D printers are error-prone
- Learning CAD from scratch

## Practical Problems I



## Practical Problems II

Iteration I



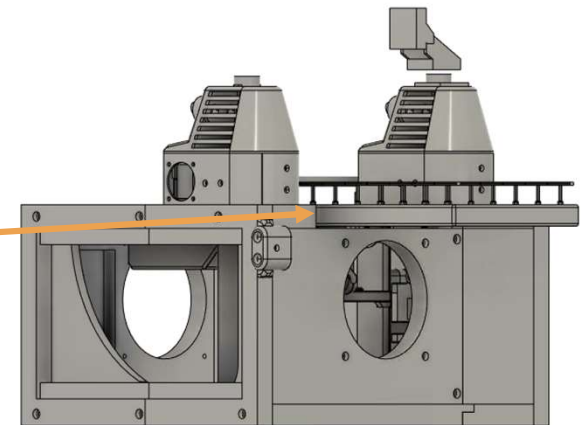
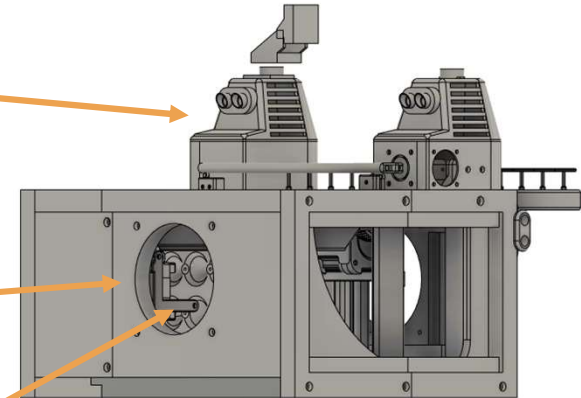
Collision ✓

Heating up ✓

Wiring ✓

Clearance ✓

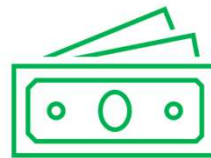
Iteration II



## The Bottom Line



- Started in January 2021
- 1050 hours manual work
- 900 hours net 3D printing time
- 8kg filament used



- 3500 USD for licenses
- 14k USD for hardware
- 570 USD worth of coffee



- 2 stepper motors
- 1 PLC
- 1 motor driver
- Our sanity

The background of the slide is a solid blue color with a complex, low-poly geometric pattern. The pattern consists of numerous triangles and polygons of varying sizes and shades of blue, creating a textured, crystalline effect. The text "The training" is positioned in the lower-left area of the slide.

The training

# What did we cover?

## IR & Forensics workshop focus points

- Analysis methods & Reporting
- Network Forensics
- Classic Host-based Windows Forensics
- Memory Forensics
- Cobalt Strike beacon analysis
- ICS specifics
  - TIA Portal usage
  - TIA Portal host-based evidence
  - S7comm & S7comm+



## What did it end with?

- 2 day workshop
- A slide deck of 404 pages covering background
- 11 hands-on exercises
- A workbook of 100+ pages describing the exercises
- 3.5 GB compressed archive of data for analysis
- A public 4 part blog post series on [blog.nviso.eu](https://blog.nviso.eu)

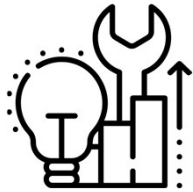


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What's next?

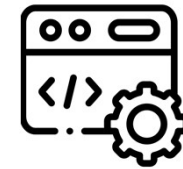


## What's next?



### Room for improvements:

- Mobility could be better
- Modularization to replace model on top



### Develop scenarios:

- Penetration Testing & Red Teaming
- OT monitoring and detection

## More Information



Interested in this project or got any follow-up questions?



[info@nviso.eu](mailto:info@nviso.eu)

Check out NVISO's contribution to ICS Security:



<https://ics.nviso.eu>

Series of blog posts, covering the ICS Firing Range and some excerpts from the training:



@NVISOsecurity and  
@NVISO\_Labs



<https://blog.nviso.eu>

# Thank You!

Questions?

[www.nviso.eu](http://www.nviso.eu)

